

# Pocket Flavors-Italian

## Nutrition Facts

1 servings per container

**Serving size** 1 oz (30mL)

**Amount Per Serving**

**Calories** **40**

**% Daily Value\***

**Total Fat** 4.5g **6%**

Saturated Fat 0.5g **3%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 100mg **4%**

**Total Carbohydrate** 0g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

**Protein** 0g

Vitamin D 0mcg **0%**

Calcium 0mg **0%**

Iron 0.1mg **0%**

Potassium 0mg **0%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.